



## First Periodic Report

**Dates of life-time covered: 15.11.2018-14.05.2019**

Part of Work Package 1 (WP1) was the Kick-off meeting. During January 21-25 2019, UKZ (Universiteti Kadri Zeka University) organized the Kick-off meeting in Gjilan, where the first activities of the project were also developed, allowing all partners to actively participate throughout the event. All arrangements for organizing the Kick-off meeting have been made before. That includes an agenda submitted to all the partners, beforehand for any comments or additional issues. In addition to that, following the Kick-off meeting, all partners were asked to complete an evaluation form, regarding the experience they had within these 5 days. The results of the questionnaires were analyzed by Metropolia and are also currently available on Google Drive.

The number of respondents for the questionnaire was 36. Above one-third of them had a clear understanding of the Kick-off's goals, obtained the necessary information, and described the Kick-off as practical. While two-thirds of them described the Kick-off as very useful, whilst half described it as effective, and less than half of the responders described it as very well-organized. The responders applaud and lauded the event, however, a few had remarks about some technical difficulties, the social problem, and the low novice English of some participants.

Less than half of the respondents did state that the Kick-off met their expectations and that they had a clear understanding of the project's goals. They also stated that they received all of the information they needed after the Kick-off meeting and that the working methods worked very well.

However, half of the responders found the Kick-off discussions insipid. The responders retaliated by saying that it was a great experience and that everything was perfectly organized. More than half of the responders said that with the knowledge obtained during the Kick-off meeting, they

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felt more prepared and ready to put all they learned into action. While one-third of the responders stated they are very pleased with the Kick-off meeting and the rating that they would give it is “Excellent”.

The respondents mentioned that the premises for the meeting were not of high quality. Not only that, but they also mentioned some technical issues. In addition, they also thought that there wasn't an adequately delivered preliminary cooperation plan. However, they did not fail to mention that they saw Kick-off as a positive experience that was well organized and executed. The final remarks were made regarding the language barriers between some participants. They stated that they are expecting equal dedication and proposals for the arrangements of the center included in the health institutions and run by students.

During this time, each partner proposed relevant experts related to CPD courses in each higher education institution, which were supported by international partners in coming up with the right ideas and making the right choices.

Throughout this stage of the project, an internal evaluation team was also established, as originally intended. At the Kick-off meeting, which took place from January 21 to 25, 2019 in Gjilan, Kosovo, the QA group was established and the inputs for WP5 were first discussed. The Internal Quality Group was constituted on January 21, 2019, during the afternoon sessions, in accordance with the agenda, and included representatives from all of the partner institutions.

On January 24, 2019, the work breakdown for WP5 was also headed by UGJFA. At the meeting that afternoon, which also addressed and settled on activities, timelines, budgets, anticipated outputs, due dates, and responsible partners, as well as the formation of the internal assessment committee, representatives of the major and supporting partners in WP5 were chosen or confirmed. Every project activity, result, and the procedure is under the control and supervision of the internal project assessment team. Representatives from KH, UGJFA, UKZ, Metropolia,



JAMK, and MCBU make up the internal review team. The meeting minutes are stored on Google Drive as an attachment.

The following actions are mentioned in relation to the preparation for creating a teacher's handbook for course planning and preparing teaching materials: Several lengthy discussions have been held to examine the book's structure and substance. The team has decided to add additional members in the disciplines of education and finance because it is entirely composed of medical professionals. The context of the teacher's manual has been the subject of several discussions. The majority of academics proposed splitting the book into two books because of its dynamic character and contents, but the final choice wasn't determined until the next meeting. Additionally, frequent meetings of the project management team are held. Accordingly, the Project Management Team's regular monthly meetings are recorded in minutes.

While project management (PM) meeting minutes were organized and distributed in Helsinki, they were postponed in Manisa due to partner requirements and the COVID-19 epidemic. It was originally intended to take place in Manisa in January, around the same time as the Steering Committee meeting.

Regarding the multidisciplinary allied health practice center's operational model The process of naming the working model, which includes the philosophy, activities, resources, protocol, and SOP definitions, has started. The conceptual design for the center's functionalization and the foundation for the digitalization of health services have already started. A joint-venture group and an advisory industrial board have already been established. Discussions have also begun about standards and sample partnership agreements.

All of the project's partner institutions are sending representatives to the Study Visit Helsinki (Metropolia). Metropolia coordinated the study trip. Data from the respondent has gathered through an online survey right away following the research visit. There were 14 replies in all. The majority of participants received all the information before traveling to Helsinki for the



research. While the majority of the participants considered it beneficial, great, and unusual to characterize the research visit to Helsinki. The participants expressed their satisfaction with everything and thanked the organizers for providing the greatest study visit for their learning and studying. Nearly all of the respondents said that the visit met their expectations for the study's content and that they understood the visit's objectives completely. The majority of them believed that the business cooperation day's activities and the Innovation Day events were very realistic, this was their stand even for the Student Run Day.

While the majority of respondents thought that the reflection and co-creation day's activities were quite doable, they also said that having staff support was beneficial. They also regarded various talks as being highly motivating. A respondent who was honored and grateful to be a member of a consortium with Metropolia and had an interest in future collaboration said that the study tour to Helsinki and Metropolia University of Applied Sciences was one of the finest trips. The majority of those who completed the questionnaire felt ready to continue working on the project. One of the respondents is most worried about how to inspire pupils the way Metropolia inspires them. He acknowledges that this will take time and pledges to use all of his efforts to kick-start the reforms in some way. Additionally, there were remarks about SMAHPC in its early phases and worries about how it may be applied at his university.

It is anticipated that interdisciplinary teams will work together more frequently. One of the responders thinks there was a clear direction and instruction on how we would move from the Kick-off meeting and that we are already following the plan, therefore, he has no worries that would make him worry. However, one of the respondents also emphasized the need for greater organization and realism in all efforts. Between professors, students, and entrepreneurs, answers to further tasks in student-run centers were found. One of the poll participants said they would want to go to businesses that work closely with Metropolia to find out how the staff members feel about allowing kids to participate in the innovation laboratories. One response praised Toini and Anita in particular for organizing the study visit, on behalf of the whole Metropolia crew.



They considered it the most beneficial visit ever, bringing up new ideas on the future of the university and collaboration between institutions, students, and the market sector. They believed it was incredibly successful, inventive, and professional all at the same time.

All of the project's partner institutions send representatives to the Study Visit Manisa (CBMU). Manisa Celal Baya Universitesi planned the study abroad. Additionally, in order to gather data after the research visit, all representatives were required to complete an online survey, which resulted in a total of 13 respondents.

A little over half of the respondents said they had all the information they need prior to the research visit. The Manisa study visit, according to some respondents, was quite helpful, while others thought it was amazing and unique. They also remarked that it was professionally run, structured, and deserving of being here. A third of the respondents said the visit surpassed their expectations, and fewer than a third said their expectations were also entirely surpassed. Two-thirds of the respondents thought the activities of the "Welcoming and Health Practice Day" were extremely realistic, and almost half of the respondents had a good understanding of the visit's objectives. More than two-thirds of respondents thought that the activities during the "Learning Methods and Teacher's Handbook Day" were extremely realistic, whereas only half of the respondents thought that the "Innovation and Technology Day" activities were realistic. Nearly half of the respondents said that the various discussions during the "Training and Reflective Day" were inspirational, while nearly all of the respondents said that the staff's assistance was of great value and assistance. Two-thirds of the respondents found the activities during the "Training and Reflective Day" to be very realistic. Based on the visit to Manisa, a participant reported that their university is not lacking in a lot of aspects, however, their university is missing some of the most important elements. There may be some beneficial upgrades at colleges as a result of Manisa's success and information collection. Participants from different institutions were also anticipated to interact more. After participating in the project, two-thirds of the respondents felt prepared to continue working on it. All partners would follow through on the



duties provided during the research visit, according to respondents' expectations. There was a comment asking for more contributions from all consortium partners. The suggestions were on how to connect students, instructors, and patients, how to accomplish it in a setting like Kosovo, and how to develop greater consultation over the duties that must be completed by each partner. The remarks focused on extending everyone a warm welcome and showing them wonderful hospitality while thanking them for a very productive and enjoyable week. Through practical actions, the defining and distribution of author workloads were accomplished. Based on suggestions and comments from the research visit, the intended material has been revised. With the additional team members, the chapters have been distributed effectively and across a variety of disciplines. The idea to split the book into two smaller books has been approved, and writing has started.

In all of our activities, we placed a strong emphasis on choosing the right modules that would allow us to properly compile and review all of the current curricula in accordance with national legal requirements, but with a lot of help from our international partners, and share the pertinent existing curricula and best practices in small groups.

Steering group meetings were conducted in Helsinki, where participation in the minutes of the Steering Group (SG) Meeting was finished, but it was postponed there owing to partner demands and the COVID-19 epidemic. At first, it was intended to take place in January in conjunction with the PMG summit in Manisa.

The main remarks of the participants from the events were:

Concerning technical issues, social programs, and some participants' limited English proficiency as a barrier to participation. Further remarks indicated that the meeting's facilities were not of high quality and that there were no preliminary cooperation plans in place.

For further reference, the extended report on the questionnaires and other relevant reports are delivered on Google Drive.